

Registration

Registration is now open online
at www.bolstertenniscamp.com

Places will be confirmed once non-refundable deposit
of €100 has been paid online.

Balance paid at registration on Sunday 21st June by cash or cheque.

Please make cheques payable to **Billy Bolster**.

Course Fee

BOARDING STUDENTS - €695 per week

€680 for second and subsequent siblings

Room and board, recreation & use of all camp facilities.

DAY STUDENTS - €495 per week

€480 for second and subsequent siblings

Tennis lessons, meals, recreation and use of all camp facilities.

Day campers are welcome from 9am - 9pm but pick-up time can be anytime after formal coaching ends at 5.30pm.

Please note that no smartphones or devices are permitted at camp. You can view our acceptable use of electronics policy and our code of behaviour on our website.



TESTIMONIALS

The Bolster Tennis Camp was the highlight of many summers for my three brothers and I. We enjoyed top class coaching in a friendly, safe and most professional environment. Happy memories shared at family gatherings.

We would like to sincerely thank you and all your team for what was an incredible tennis camp. What an amazing role each and everyone played. We would like to pass on our genuine gratitude and utmost praise to all involved.



Afternoon match play at Bolster Tennis Camp

PLAY Babolat
Official Racquet of the Bolster Tennis Camp

2026

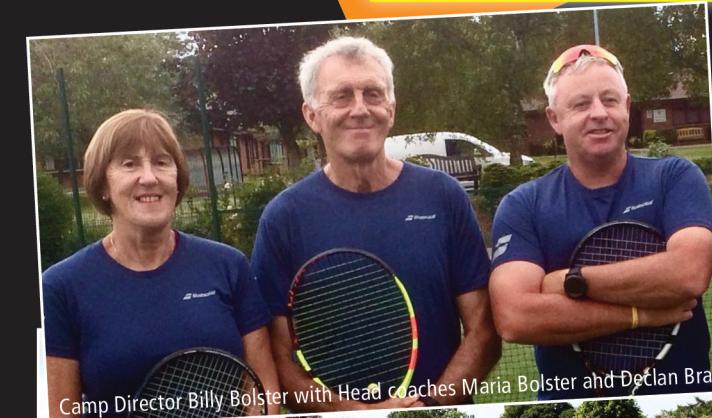
IRELAND'S
LEADING
RESIDENTIAL
& DAY CAMP

**BOLSTER
TENNIS
CAMP**



bolstertenniscamp
21st-26th June 2026

AT KILKENNY COLLEGE



Camp Director Billy Bolster with Head coaches Maria Bolster and Declan Bray



Excellent Accommodation and Tennis Facilities at Kilkenny College

Suzanne (General/accommodation enquiries): 085 720 5899

Billy (Tennis enquiries): 087 266 7014

bolstertenniscamp@gmail.com

www.bolstertenniscamp.com

OPEN TO BOYS & GIRLS 7-17 YEARS

The Bolster Tennis Programme

We cater for players of all ages and ability levels – BEGINNER to ADVANCED. No need to worry about your playing standard. Regardless of your child's ability, we guarantee that we will train and improve his/her:

- Ball judgement
- Decision-making (tactical skill)
- Technical skills of receiving and hitting
- Ability to judge the effectiveness of his/her action.

How we train the competitive player

We will help your child to:

- Develop the attributes of a champion
- Develop the necessary physical and psychological qualities
- Become a smarter singles and doubles player

Assessment & Evaluation

All pupils will be assessed on Sunday evening and will be assigned to specific groups for Monday coaching. Some movement of pupils between groups may be necessary during the first few days of camp. The age and ability of the students will be considered before he or she is assigned to a group.

Tennis Programme

The camp programme incorporates three modules: technical, fitness and modified tennis skills development on the camp's artificial grass courts and fitness facilities. This wonderful tennis facility is located in the grounds of Kilkenny College which boasts a fine campus for boarding and day students, on the outskirts of Kilkenny. The number of courts available at our centre ensures that Billy sees every camper each day.

Group/Private/Semi-Private Instruction

The Camp is based on the group teaching method where up to four students may be effectively co-ordinated on a court at one time. Throughout the week, the programme will provide for smaller groups with two students on court per instructor. At this time, individual attention can be given to areas that require special help.

Special Features

- Professional Instruction
- Daily evaluation/analysis
- Daily/weekly awards
- Take home written analysis



Billy Bolster: Camp Director

Tennis Ireland level 4 Performance Coach with over 40 years coaching experience. B.S.Ed. Degree in Physical Education. Captain of numerous Irish tennis teams at major international events including European Junior Championships events. Coach to Davis Cup and Federation Cup players and numerous national champions. Billy is a Tennis Ireland Tutor/Assessor, Leinster Academy Coach, former international athlete Irish record holder for 1000m and has played International Veterans Tennis for Ireland.



Declan Bray: Head Coach

Declan is a level 4 Tennis Ireland performance coach with 39 years coaching experience at all levels of the game. Declan also holds a Masters in applied sports coaching from UL and has been a tutor and course developer with both Tennis Ireland and the Irish Sports Council. He has worked as a performance director and development officer for Munster and traveled with teams and players at both national and international level. He has also captained numerous provincial and international teams during his career.



Maria Bolster: Head Coach

Maria Bolster is a level 3 ITF/Tennis Ireland coach with over 40 years of coaching experience spanning across the USA, Spain and Ireland. She is a former Irish number one ranked player, Federation Cup team member and played varsity tennis in the USA where she completed a B.S. Ed. degree in Physical Education. Maria is also co-founder of the Bolster Tennis Camp.



Tennis Camp - A pathway to Higher Performance

The following are some of Billy's players who have won Irish titles: Sinead Lohan, (Tramore) playing for Univ of Miami top ranked player in American collegiate system (NCAA) multiple Irish champion and twice ITF tour winner; Niall Murphy (Tramore) winner, European Tour Category 1 event Bologna, Italy 2003, Andrea Maughan, Tramore, National Champion U12, U14, U16; Tommy Murphy, Carlow (won tennis scholarship to Berkley University USA), National Indoor Champion U16, Irish Open Champion 2006 and 2008 National Indoor Champion; Hannah May Morrissey, Tipperary, U14 Irish Open Champion 2006; Bill Murray, Waterford, National Indoor & Outdoor Champion U12; Eoin McGovern, Kilkenny, National Matchplay Champion 2007, Finalist Fitzwilliam 2008 & National Indoor Champion 2009, National Champion U14 Fitzwilliam 2010. Morgan Lohan (Tramore) National Champion Fitzwilliam U12/U14, Rory Hogan, Irish number 1 U16 2018'

Location – Camp Facilities (beside Newpark Hotel)

Kilkenny College is recognised as being one of the finest boarding schools in Ireland with excellent student accommodation and state of the art education and sporting facilities. Camp facilities include newly surfaced all-weather (artificial grass) tennis courts, indoor and outdoor basketball/volleyball courts, all-weather hockey pitches and numerous other playing pitches.

Good Tennis – Good Times

While quality instruction is the hallmark of the Bolster Tennis Camp, recreation is also an important part of camp life. Planned evening activities guarantee that each student feels a part of our tennis family. Camp staff are always on hand to assist with organisation, etc. Movies and sports evenings are some of the recreational activities planned for this summer.

Awards/Tournaments

A graded tournament schedule provides each student with many hours of keen competition and serves as a constant source of evaluation for the coaching staff. As an incentive towards a higher level of performance, the Bolster Tennis Camp operates a daily and weekly awards system which rewards individual effort and commitment regardless of the players playing standard.

Accommodation at Kilkenny College

College dormitories will be used to house all students and meals will be served in the college cafeteria. Meals are planned to provide extra nutrition demanded by the intensive instructional programme. Bed linen will be provided. Dietary requirements are catered for once we are informed in advance. A local physician is always on call and the County Hospital is nearby.

What you need for camp

- 3/4 pairs of shorts/skirts
- Pocket money (in coins if possible)
- Swimming togs for showers
- 2 pairs of tennis shoes (if possible)
- 5+ tennis shirts (white not essential)
- Pair of flip flops/sandals for free time
- Baseball hat, shirts with collars and plenty of sunblock to protect against the sun
- Rain jacket
- Plenty of sports socks
- 2 racquets (if possible)
- Reusable water bottle
- Towels
- Coded lock (not key) if campers wish to store valuables

A Typical Day for Campers

| | |
|--|----------------|
| Rise | 8.00am |
| Stretch/Warm-up/Jog | 8.15am |
| Breakfast | 8.30am |
| Day campers arrive | 9.00am |
| Group instruction | 9.00-12.30pm |
| Lunch | 12.30 - 1.30pm |
| Group instruction/match play/ doubles clinic | 1.45 - 5.30pm |
| Dinner | 5.30pm |
| Camp meeting and daily prize giving | 6.30pm |
| Evening sessions | 7.00 - 9.00pm |
| The latter may be individual or small groups working with a coach. | |
| Doubles and free play also available. For those wishing to take a break from tennis other sports activities or a film will be available. | |
| Showers | 9.00 - 9.30pm |
| Bed | 10.00pm |

Note: The schedule given is typical but not 'iron clad'. It may be varied at the discretion of the coaching staff in order to most effectively serve the needs of the group in attendance.

